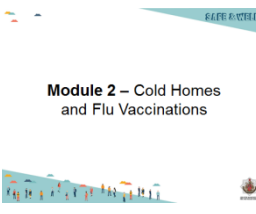


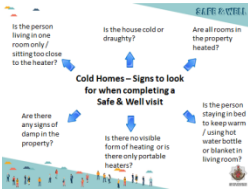


Time	Cold Homes and Flu Vaccination - Trainer Notes	Resources
Course Prep	<p>Trainer aims of this session</p> <ul style="list-style-type: none"> • To raise awareness of those vulnerable to cold homes and the impact it can have on a person's health and well-being • To provide information on how to identify signs of a cold home when conducting a Safe and Well visit • To provide information on immediate interventions GMFRS can offer and how to signpost or refer individuals to appropriate services • To raise awareness of who is eligible for signposting for flu vaccination. • To enable us to confidently signpost and give out leaflet information to these vulnerable groups during a Safe and Well check. • To reduce risk of flu to these groups of people. <p><u>Test/check</u></p> <p>Check that PowerPoint slides and embedded or hyperlinked videos are working before you go to deliver the training.</p> <p>Ensure projector, laptop, speakers are available and confirm the total number expected at the training.</p>	<p>Laptop, speakers, memory stick</p> <p>Pens and Paper Flu leaflets</p> <p>For trainer: Slideshow hand out, trainer notes.</p>
Slide 1 Title slide and Introduction 	<p>Welcome and introductions</p>	<p>PowerPoint</p>
Slide 2 Cold Homes - Aims of the sessions	<p>Trainer to read through slide and give brief overview of the aims of the session</p>	<p>PowerPoint</p>

<p>Cold Homes - Aims of the session</p> <ul style="list-style-type: none"> To raise awareness of those vulnerable to cold homes and the impact it can have on a person's health and well-being To provide information on how to identify signs of a cold home when conducting a Safe and Well visit To provide information on immediate interventions GMFRS can offer and how to signpost or refer individuals to appropriate services 		
<p>Slide 3 – Cold Homes Introduction</p> <p>Cold Homes</p> <p>Who is at most risk?...</p> <ul style="list-style-type: none"> Elderly aged 75+ Those with medical condition such as heart, chest or circulatory problems, falls/mobility problems, depression and dementia Those living on their own 	<p>Trainer to read through slide –</p> <ul style="list-style-type: none"> Elderly aged 75+ Those with medical condition such as heart, chest or circulatory problems, falls/mobility problems, depression and dementia Those living on their own <p><u>POINTS TO RAISE -</u></p> <ul style="list-style-type: none"> Being cold can make underlying health problems much worse for example; heart disease, strokes and breathing problems. Being too cold can also increase the risk of trips and falls, which can be very dangerous for the elderly and frail. Evidence suggests a strong link between Excess Winter Deaths and cold homes but not socio-economic deprivation. Excess winter deaths do not just occur in the poorest households, all of the most vulnerable are at risk if they live in a cold home. 	<p>PowerPoint</p>
<p>Slide 4 – Cold Homes – signs to look for when completing Safe and Well visit</p> 	<p>**Trainer could open this up to delegates and ask them what signs they would look for to identify a cold home. Trainer could then provide feedback and go through individual points on the slide**</p> <p><u>POINTS TO RAISE –</u></p> <ul style="list-style-type: none"> Public Health England guidance suggest that these are the signs to look for to identify if someone is living in a cold home GMFRS staff are to look for these signs when completing a Safe and Well visit in properties The next two slides will detail what to do if there is an indication 	<p>PowerPoint</p>

that the client has a cold home.

Slide 5 – What to ask?



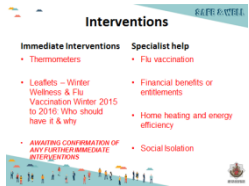
Trainer to go through points on slide –

POINTS TO RAISE –

- The information on this slide details questions to ask a client if there is an indication that they are living in a cold home / suffering from fuel poverty
- The client should be asked these questions to provide GMFRS Staff with a fuller picture of circumstances and if further intervention is required e.g. signposting / referral

PowerPoint

Slide 6 – Interventions



Trainer to go through slide and expand on points as required.

Trainer to go through immediate and specialist interventions – waiting for exact confirmation of what these will be.


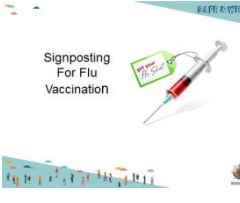


POINTS TO RAISE -

Immediate Interventions


- Thermometers to be provided to provided – ***AWAITING CONFIRMATION ON EXACT CRITERIA***
- Leaflets to be issued to clients – winter wellness and flu vaccinations
- ***AWAITING CLARIFICATION ON OTHER IMMEDIATE INTERVENTIONS GMFRS WILL CARRY OUT DURING SAFE AND WELL VISITS***

Specialist Help

- Local services in each area may vary in what is provided and how help is accessed.
- Ideally local areas should provide a single point of contact service to

	<p>provide solutions tailored to an individual's needs.</p> <ul style="list-style-type: none"> • It is important to find out eligibility criteria and referral processes in your area – EMPHASISE THIS POINT 	
<p>Slide 7 - Questions</p> 	<p>Trainer to ask delegates in if they have any questions.</p>	<p>PowerPoint</p>
<p>Slide 8 - Title slide and Introduction</p> 	<p>Trainer to introduce next section of module 2</p>	<p>PowerPoint</p>
<p>Slide 9 – Aims of the session</p> 	<p>Trainer to read through slide and give brief overview of the aims of the session</p>	<p>PowerPoint</p>
<p>Slide 10 – Eligibility</p> 	<p><u>POINTS TO RAISE -</u></p> <ul style="list-style-type: none"> • The National flu immunisation programme is an annual programme offering flu vaccination to people who are most at risk of flu. • The flu vaccine is required each year as the flu viruses' change over time and new vaccines are required for each flu season. <p>Those eligible for flu vaccination include:</p>	<p>PowerPoint</p>

	<ul style="list-style-type: none"> • All those aged 65 years and over • Those aged 6 months to under 65 years with long term health conditions that put them at risk from flu (such as asthma, diabetes, heart conditions) • Pregnant women • Those in long stay residential care homes. • Carers <p>The programme is also being extended to some healthy children to help protect them from flu as well as reduce transmission of flu from them to other age groups.</p> <p>Child eligible for flu vaccination include:</p> <ul style="list-style-type: none"> • All 2, 3,4 year olds (but not 5 years and older) on 31st August 2015 • All children of school years 1 & 2 (that is 5 and six year olds and those aged 7 provided they are in year 2) <p>All frontline health and social workers are offered flu vaccination by their employer. This includes general practice staff.</p> <p>Flu vaccination takes place every Autumn, ideally before flu starts circulating.</p> <p>Vaccination generally starts late September/early October once vaccine becomes available and can continue up to the end of January however ideally it should be given earlier than this.</p>	
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<p>Slide 11 - Signpost</p> 	<p><u>POINTS TO RAISE -</u></p> <p>Fire and Rescue staff who enter people’s homes are well placed to signpost members of the public for flu vaccination.</p> <p>Staff may:</p> <ul style="list-style-type: none"> • Indicate to members of the household that they MAY be eligible for flu vaccination • Provide them with a copy of the leaflet ‘ • Flu vaccination winter 2015 to 2016 who should have it and why’ • Recommend that they speak to their GP practice to arrange an appointment or in some parts of the country flu vaccination may be 	<p>PowerPoint</p>
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provided by their local pharmacy.

Slide 12 – Do not give out clinical advice



POINTS TO RAISE –

- GMFRS staff should not endeavour to give clinical advice- the decision of who is eligible for flu vaccination and the suitability of the flu vaccine is a clinical judgement made by the healthcare practitioner providing the vaccine.
- Those over 65years of age will be the easiest eligible group to identify and signpost to services.
- Those who are eligible for flu vaccination who have a long term condition may not be easy to spot and therefore not easy to identify.

PowerPoint

Slide 13 – Questions



Trainer to ask delegates in if they have any questions and conclude session.

Trainer to provide delegates with feedback form and request completion.

PowerPoint